



## Great Greek Spaghetti Squash



**Developed by Hungry Girl. Brought to you by [Green Giant](#)! For coupons, [click here](#)!**

**[Click to see how it's made](#) !**

Entire recipe: 335 calories, 9g total fat (3g sat. fat), 736mg sodium, 26.5g carbs, 5.5g fiber, 12g sugars, 32.5g protein

**Prep:** 5 minutes    **Cook:** 10 minutes



More: [Lunch & Dinner Recipes](#), [Recipes Developed for Our Partners](#), [Single Serving, 30 Minutes or Less](#)

### Ingredients

One 10-oz. bag [Green Giant Veggie Spirals Spaghetti Squash](#)  
4 oz. raw boneless skinless chicken breast, cut into bite-sized pieces  
2 tbsp. chopped sun-dried tomatoes (bagged, not packed in oil)  
1 tbsp. sliced Kalamata or black olives  
1 tbsp. light Italian dressing, or more for topping  
2 tbsp. crumbled feta cheese

### Seasonings

Dash each salt and black pepper  
1/4 tsp. oregano (like [the kind by Spice Islands](#))

### Directions

Microwave veggie spirals for 6 1/2 minutes, or until thawed and softened.

Meanwhile, bring a large skillet sprayed with nonstick spray to medium-high heat. Add chicken pieces, salt, and pepper. Cook and stir for about 5 minutes, until chicken is cooked through.

Reduce heat to low. Add veggie spirals to the skillet, along with sun-dried tomatoes, olives, dressing, and oregano. Cook and stir until hot and well mixed, about 2 minutes.

Serve topped with feta.

**MAKES 1 SERVING**

We may receive affiliate compensation from some of these links. Prices and availability are subject to change.

We may have received free samples of food, which in no way influences whether these products are reviewed favorably, unfavorably, mentioned with indifference, or mentioned at all. Click for more about our [editorial](#) and [advertising](#) policies.  
\*The WW Points® values for these products and/or recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by WW International, Inc., the owner of the Points® trademark.

Questions on the WW Points® values listed? [Click here](#).

Hungry Girl provides general information about food and lifestyle. This information and any linked materials are not intended and should not be construed as medical advice, nor is the information a substitute for professional medical expertise or treatment. [Click here](#) for more information.