



Next-Level Broccoli-Bacon Salad



1/6th of recipe (about 1 cup): 123 calories, 5.5g total fat (1g sat. fat), 370mg sodium, 15g carbs, 3g fiber, 9g sugars, 5g protein

[Click for WW Points® value*](#)

Prep: 20 minutes **Cook:** 20 minutes



More: [Recipes for Sides, Starters & Snacks](#), [Four or More Servings](#), [Gluten-Free](#)

Ingredients

- 6 strips center-cut bacon or turkey bacon
- 4 cups small broccoli florets
- 1/4 cup light mayonnaise
- 2 tbsp. seasoned rice vinegar
- 1 cup chopped red bell pepper
- 1/2 cup finely chopped sweet onion
- 1 cup chopped tomatoes
- 1 cup halved grapes

Directions

Bring a large pot of water to a boil. Fill a large bowl with ice and cold water.

Meanwhile, cook bacon until crispy, either in a skillet or in the microwave. (See package for cook time and temperature.)

Add broccoli to the boiling water. Cook until bright green and crisp-tender, about 2 minutes. Using a slotted spoon, transfer broccoli to the ice water.

In a medium bowl, whisk mayo with vinegar until uniform. Chop or crumble bacon.

Once broccoli is cool, drain water and remove ice cubes. Pat dry, if needed. Add bacon, pepper, and onion. Top with mayo mixture, and stir to coat. Fold in tomatoes and grapes.

MAKES 6 SERVINGS

HG Tip: If making this dish the day before serving it, don't add the bacon until you're ready to serve. Soggy bacon = sad times.

We may receive affiliate compensation from some of these links. Prices and availability are subject to change.

We may have received free samples of food, which in no way influences whether these products are reviewed favorably, unfavorably, mentioned with indifference, or mentioned at all. Click for more about our [editorial](#) and [advertising](#) policies. *The WW Points® values for these products and/or recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by WW International, Inc., the owner of the Points® trademark.

Questions on the WW Points® values listed? [Click here.](#)

Hungry Girl provides general information about food and lifestyle. This information and any linked materials are not intended and should not be construed as medical advice, nor is the information a substitute for professional medical expertise or treatment. [Click here](#) for more information.