



Protein-Packed Brownie Hot Cocoa



Developed by Hungry Girl; brought to you by [Devotion Nutrition](#)!

Entire recipe (about 10 oz.): 71 calories, 1.5g total fat (0.5g sat. fat), 155mg sodium, 5.5g carbs, 2g fiber, <0.5g sugars, 11g protein

Prep: 5 minutes **Cook:** 5 minutes or less



Ingredients

1/2 scoop (or 1/2 packet) [Devotion Nutrition Brownie Batter protein powder](#)
1/4 cup unsweetened vanilla almond milk
1 packet [Flex Flavors](#) or 1 packet natural no-calorie sweetener (this recipe ROCKS with [Birthday Cake Flex Flavors](#)!)
Optional toppings: light whipped topping, rainbow sprinkles

Directions

Place all ingredients in a blender. Add 3/4 cup hot water. Blend at high speed until smooth and uniform.

Transfer to a microwave-safe mug or glass.

Microwave until hot, about 45 seconds.

MAKES 1 SERVING

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