



Too-EZ Cannoli Cone



Entire recipe: 147 calories, 5g total fat (3g sat. fat), 117mg sodium, 19g carbs, 0.5g fiber, 10.5g sugars, 7g protein

Prep: 5 minutes



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Ingredients

1/4 cup light/low-fat ricotta cheese
1 packet natural no-calorie sweetener (like Truvia)
1/8 tsp. vanilla extract
1 1/2 tsp. mini semi-sweet chocolate chips
1 sugar cone

Directions

In a bowl, mix ricotta, sweetener, and vanilla extract until uniform. Stir in 1 tsp. chocolate chips.

Spoon ricotta mixture into cone and top with remaining 1/2 tsp. chocolate chips. Enjoy!

MAKES 1 SERVING

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